

It's my life, my journey, my care.

Kay Smith

19/11/2024

My Journey

- Diagnosis of Lupus 2017, after 18 years.
- Diagnosis of stage 4 CKD 2018, recent regression.
- Diagnosis of diabetes 2019/ Insulin Dependant.
- Diagnosis of Mastocytosis TMEP 2019
- Home care commenced. Mental health due to adjustment declining.
- Diagnosis of PAD/ CLI 31/12/19
- Isolation and very little Health care during Covid.
- Diagnosis Bowens disease 02/21
- MCAS making me allergic to all painkillers and antibiotics.
- Successful Abdominal Angioplasty September 22
- Current blockage in both legs.

Care for Everyone

- Difficult in gaining communication.
- Information sharing extremely difficult
- No palliative care assistance, in Social care settings for chronic illness.
- Basic Social care assistance excelled during Covid.
- Still no funding for care in the community for under 65's.
- No mental support until recently. Now we must take the time to address this on both sides.
- Like innovation in care, we must make innovative steps in the career of Carer's to uphold retention in employment.

Looking forward

We must learn our lessons as we reflect not only on the ways we can improve so that wishes are respected and humanity restored.

Care to be expanded as the population increases.

We must also reflect on the impact on mental wellbeing of everyone not just the clients but the carer's too.

We must reflect to move forward.

We have the technology, Now we must find ways to improve the basic foundation of care..... The carers!



FINALLY

*Hear the patients voice at every level, even when
that voice is only a whisper*

Don Berwick..... August 2013

Thank you